

## **Community Emergency Response Training**

Would you know what to do if we had a major earthquake right now? Would you know how to provide first aid to a loved one, rescue someone, or get drinking water? Are you ready to have your life disrupted without help for 24 to 72 hours?

As recent disasters and emergencies have demonstrated, there will not be enough emergency responders to help everyone promptly. You must be able to take care of yourself and your family. As a community, we must rely on each other for our immediate lifesaving and life-sustaining needs. Napa Valley communities may not have enough emergency help for several days!





Community Emergency Response Training is a nationally recognized emergency training course that teaches essential emergency response skills. Taking and completing the CERT course will give you the skills and confidence necessary to help yourself, your family, and your community during a disaster.

Class 105 will be offered in American Canyon. The training is available free of charge to anyone living in Napa County. To complete the course, you must attend all three sessions.

Saturday, September 9, 2023 Block 1 – Emergency Preparedness 8 am - 5 pm

Block 2 - Hazard Awareness

Saturday, September 16, 2023 8 am - 5 pm Block 3 - Disaster First Aid

Block 4 – Emergency Management

Block 5 – Final Exercise Sunday, September 17, 2023 8 am – 12 pm

For more information or to enroll, please email the following information to ... napacert@aol.com

- Complete Name
- **Contact Number**
- Complete Address